

## Ashtons Challenge London's Half Marathon

It took months of training, starting in the summer's warm, sunny evenings after work along Brighton & Hove seafront, and ended in the dark, windy and pouring rain of early October.

Two Ashtons' employees, Celine Sprey and Jamie McRobb, signed up for the Royal Parks Half Marathon in London back in July, 'I had organised the Bowel Cancer sponsored walk in April and wanted to sign up for something to challenge myself,' says Celine, then she found the London Half Marathon for October 11th. Jamie was equally keen and the two shortly embarked on training when they say they 'didn't really know each other.'

Managing Director of Ashtons Pharmacy, Laurence Sprey, tells how proud he is over his staff's achievement, 'It's definitely more than I could ever run and they're doing a great job raising so much for a worthy cause.'

'We set up a donation web page with [www.justgiving.co.uk](http://www.justgiving.co.uk) as soon as we signed up,' explains Jamie. 'We decided to run for the NSPCC and were given individual targets of £500 to meet for the charity which is where the website became really useful for friends and family to sponsor us.'

So, why London? 'It was eerie to be running over a traffic-deserted Westminster Bridge, past Buckingham Palace, through Trafalgar Square with an audience – but utterly amazing!' says Jamie with glee.

They crossed the finish line after a grueling two hours fifteen minutes, hand in hand. 'We want to smash our time next year!'

Their donating website is still open and will remain open until they meet their combined £1000 pledge.

[www.justgiving.co.uk/celineandjamie](http://www.justgiving.co.uk/celineandjamie)



**Royal Parks Foundation  
Half Marathon**

sponsored by

**brakes**  
fresh ideas