

Ashtons, Bringing Up the Rear



The walkers could not have asked for a more beautiful day. On Sunday 19th April, over 30 volunteers including staff, friends and family, joined together to walk 8km over the South Downs.

Ashtons Pharmacy organised the sponsored walk to raise awareness and funds for Bowel Cancer UK. April was Bowel Cancer Awareness Month, and Ashtons' staff wanted to do their bit and get people aware of the cause.

Ashtons Pharmacy has raised £2,200 so far; 'It's fantastic how much we have managed to raise in such a short time', says Ashtons MD, Laurence Sprey. 'It was great to see how many turned up to support us on the day. Sufferers, survivors and relatives of cancer sufferers all joined in.'

The 8km walk started from the Devils Dyke Inn at the top of the Dyke and descended over the downs, to Mile Oak Farm and back up to the top of the dyke. 'There were a few sore legs, but spirits were generally high,' says Celine, an Ashtons employee who organised the walk with Bowel Cancer UK.

Bowel cancer is the second biggest killing cancer in the UK and 35,000 people are diagnosed every year. Although it is fairly treatable, it is easily misdiagnosed and for 16,000 sufferers, is too late. Bowel Cancer UK is a charitable organisation and is almost completely dependent on voluntary donations.

'We are extremely happy with how much we've raised and only hope that we helped increase awareness about the charity and the marvellous work it does,' concludes Laurence.